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ABSTRACT

The goal of this book is to assist parents in understanding their children's behavior. Chapter one focuses on the transition to school and addresses preparation, first-day jitters, changing schools, when to begin elementary school, promotion, and retention. Chapter two addresses academic issues at school and focuses on dealing with learning disabilities, making the grade, reading problems, math problems, failing at school, cheating, and helping gifted students. Chapter three addresses the connection between school and home and focuses on parental involvement at school, homework, school avoidance, lessening anxiety, and perfectionism. Chapter four focuses on stress and anxiety and addresses coping with a family crisis and fears about being home alone. Chapter five focuses on communication and addresses divorce, privacy and handling anger. Chapter six discusses discipline and addresses rewards, bribes, effective praise, patience, spoiling, parental standards and behavior modification. Chapter seven addresses behavior problems and focuses on lying, stealing, delinquency, aggression, and bullies. Chapter eight focuses on sibling relationship and addresses fairness, rivalry, siblings with special needs, and separations. Chapter nine focuses on sports and games and addresses evaluating sports programs and coaching. The final chapter focuses on social development, addressing tattling, hero worship and peer pressure. A detailed index accompanies the book. (SD)

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